

TEMPERATURE DIARY

PLEASE COMPLETE ONE TABLE PER WEEK, IF POSSIBLE ON MONDAY EVENINGS, 8PM.
(IF NOT POSSIBLE, 8PM OF ANOTHER WEEKNIGHT).

WEEK 1 – DAY _____ DATE _____ TIME _____

Room	Indoor temperature °C	Feeling of comfort for you					Comments
		Too hot	Slightly warm	Just perfect	Slightly cold	Too cold	
Living room							
Bedroom							
(Child's room)							



This project has received funding from the European Union's Horizon 2020 Research and Innovation programme under Grant Agreement No 727642.



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WEEK 2 – DAY _____ DATE _____ TIME _____

Room	Indoor temperature °C	Feeling of comfort for you					Comments
		Too hot	Slightly warm	Just perfect	Slightly cold	Too cold	
Living room							
Bedroom							
(Child's room)							

WEEK 3 – DAY _____ DATE _____ TIME _____

Room	Indoor temperature °C	Feeling of comfort for you					Comments
		Too hot	Slightly warm	Just perfect	Slightly cold	Too cold	
Living room							
Bedroom							
(Child's room)							



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WEEK 4 – DAY _____ DATE _____ TIME _____

Room	Indoor temperature °C	Feeling of comfort for you					Comments
		Too hot	Slightly warm	Just perfect	Slightly cold	Too cold	
Living room							
Bedroom							
(Child's room)							

WEEK 5 – DAY _____ DATE _____ TIME _____

Room	Indoor temperature °C	Feeling of comfort for you					Comments
		Too hot	Slightly warm	Just perfect	Slightly cold	Too cold	
Living room							
Bedroom							
(Child's room)							



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WEEK 6 – DAY _____ DATE _____ TIME _____

Room	Indoor temperature °C	Feeling of comfort for you					Comments
		Too hot	Slightly warm	Just perfect	Slightly cold	Too cold	
Living room							
Bedroom							
(Child's room)							



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WEEK 7 – DAY _____ DATE _____ TIME _____

Room	Indoor temperature °C	Feeling of comfort for you					Comments
		Too hot	Slightly warm	Just perfect	Slightly cold	Too cold	
Living room							
Bedroom							
(Child's room)							

WEEK 8 – DAY _____ DATE _____ TIME _____

Room	Indoor temperature °C	Feeling of comfort for you					Comments
		Too hot	Slightly warm	Just perfect	Slightly cold	Too cold	
Living room							
Bedroom							
(Child's room)							



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WEEK 9 – DAY _____ DATE _____ TIME _____

Room	Indoor temperature °C	Feeling of comfort for you					Comments
		Too hot	Slightly warm	Just perfect	Slightly cold	Too cold	
Living room							
Bedroom							
(Child's room)							



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WEEK 10 – DAY _____ DATE _____ TIME _____

Room	Indoor temperature °C	Feeling of comfort for you					Comments
		Too hot	Slightly warm	Just perfect	Slightly cold	Too cold	
Living room							
Bedroom							
(Child's room)							



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TEMPERATURE DIARY

WEEK 11 – DAY _____ DATE _____ TIME _____

Room	Indoor temperature °C	Feeling of comfort for you					Comments
		Too hot	Slightly warm	Just perfect	Slightly cold	Too cold	
Living room							
Bedroom							
(Child's room)							

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